



EMERGENCY PREPAREDNESS



CHECKLIST

This checklist is a starting point to help make sure you don't overlook any important items. Customize this checklist based on your own needs so you're prepared for any emergency!

FOOD

- Do you have MREs stockpiled?
- Do you have a garden or chickens?
- Do you have enough to last 72 hours?
- Do you have enough to last 30 days?

WATER

- Are you harvesting water?
- Can you purify water at home?
- Do you have enough to last 30 days?

EMERGENCY SUPPLIES

- Do you have items to bartered?
- Do you have repair items?
- Do you have tools?

HYGIENE

- Do you have first aid supplies?
- Do you have bleach?
- Do you have medications?
- Do you have an emergency toilet?

HOME SECURITY

- Do you have a dog?
- Do you have weapons and ammo?
- Do you have a bunker?
- Do you have a safe room?
- Do you have a home security system?
- Have you run a home invasion drill?

EVACUATION

- Do you have a bug out vehicle ready?
- Is your bug out bag packed?

OFF-GRID ELECTRICITY

- Do you have a generator?
- Do you have solar-powered lamps?
- Do you have flashlights and batteries?
- Do you have a gas stove or rocket stove?
- Do you have a wood or propane stove?

GROUP DYNAMICS

- Are you in good physical health?
- Have you held a community meeting?
- Have you run a threat assessment?
- Have you prepared your family?
- Have you practiced different scenarios?