



72-Hour Emergency Kit



CHECKLIST

This checklist is a starting point to help make sure you don't overlook any important items. Customize this checklist based on your own needs so you're prepared for an emergency!

FOOD

- Can opener
- Non-perishable food
- Camp cooking stove and fuel
- Stockpiled of MREs

WATER

- 6 gallons of water per person
- Water filter
- Water purifier tablets

HYGIENE

- Hand sanitizer
- Baby wipes
- Unscented bleach to purify water

FIRST AID & SAFETY

- Prescriptions for medications
- First Aid Kit
- Emergency toilet

OTHER ITEMS

- Cash in small bills
- Copies of important documents in a waterproof binder

DAMAGE MITIGATION

- Wrench or plier
- Fire extinguisher
- Bolt cutters
- Shovel
- Hammer and nails
- Wood planks

SHELTER

- Sleeping bags
- Change of clothes
- Ponchos
- Solar-powered charger
- Flashlights and head-lamps
- Extra batteries
- Large tarps
- Blankets
- Waterproof matches and lighters

COMMUNICATION

- Battery-powered radio
- Whistle
- AM/FM/NOAA weather radio